

The Bracebridge Tennis Club (BTC) will be offering junior tennis lesson packages for children ages 6 to 16. The lessons will run from mid May until the end of June and again from mid July until the end of August. Lessons are offered at the Kerr Park tennis courts.

Each package will consist of 6, 1 hour weekly lessons with a minimum of 3 and a maximum of 6 participants. The cost for the package is \$100.00, which includes a junior club membership. Participants will be grouped by age according to the tentative schedules below:

Beginning week of May 12. Ending week of June 16.	Package 1 - Tuesdays (rain dates Wednesdays)	Package 2 - Thursdays (rain dates Mondays)
5 pm - 6 pm	Ages 6-9	Ages 6-9
6 pm - 7 pm	Ages 10-13	Ages 10-13
7 pm - 8 pm	Ages 13+	Ages 13+

Beginning week of July 7. Ending week of August 11.	Package 3 - Tuesdays (rain dates Wednesdays)	Package 4 - Thursdays (rain dates Mondays)
5 pm - 6 pm	Ages 6-9	Ages 6-9
6 pm - 7 pm	Ages 10-13	Ages 10-13
7 pm - 8 pm	Ages 13+	Ages 13+

Participants should wear appropriate athletic footwear and should bring their own drinks (there is a water fountain on site). Participants can bring their own racquets or can borrow a club racquet **where** supplies last.

Signups for these lesson packages will begin on or around April 15.

Ages 6 - 9

Participants will learn about the parts of the court, the grip, forehand and backhand, basics of the swing, stance and balance, and ball control skills. They will also learn stationary basics with progression to moving to the ball, introduction to serving basics, volley basics that will be incorporated with skill building games towards the latter half of each lesson.

Ages 10-13

Participants will learn about the different parts of a tennis court and how they relate to the game, basic stroke mechanics starting from proper grips for forehands and backhands, serves and volleys. Ball control drills will start each lesson to help build eye/hand coordination. Participants will transition from a drop feed to an instructor fed ball, and then progress to a moving instructor fed ball. Skills taught will have a focus on multiple rallies between students within the mini-court, with skill incorporated games towards the end of each lesson.

Ages 13 +

This category is again for the new players of the sport, introduction of forehands, backhands, serves and volleys will be taught. By the teenage years, players have grown into fairly good eye-hand coordination. The rules of the game will be taught and once a stroke has been taught and muscle memory is in place, rallying amongst players will be the focus of this session, training students to have a high level of success in a mini-court rally and moving back to 3/4 court and full court. Singles and doubles play will be a large part of the games we do in this session.